

Biblical Quotation on Hope.

So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.

2 Corinthians 4:16-18

Image of the Week

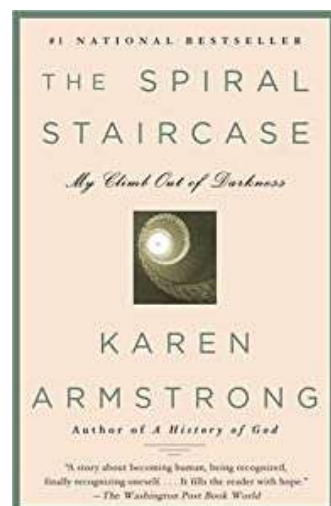


Book Suggestion.

The Spiral Staircase: My Climb Out of Darkness.

Karen Armstrong

Random House, 2005



“I no longer think that any principle or opinion is worth anything if it makes you unkind or intolerant.”

--Karen Armstrong

Hope Quotation

“The best way to not feel hopeless is to get up and do something. Don’t wait for good things to happen to you. If you go out and make some good things happen, you will fill the world with hope, you will fill yourself with hope.”

— Barack Obama

(Classical) Musical Suggestion for the Quarantine

Kim André Arnesen: Even When He Is Silent

“I believe in the sun even when it is not shining.”

<https://www.youtube.com/watch?v=hYwYMngq4II>