

### **Biblical Quotation on Perseverance.**

Rejoice in hope, be patient in tribulation, be constant in prayer.  
Romans 12:12

### **Image of the Week**



### **Movie Suggestion.**

Babette's Feast. 1987. Best Foreign Language Oscar



“I have been with you every day of my life. You know, do you not, that is has been so? And, I shall be with you every day that is left to me. Every evening I shall sit down, if not in flesh, which means nothing, in spirit, which is all, to dine with you, just like tonight.

### **Hope Quotation**

The man who moves a mountain  
begins by carrying away small stones.  
*Confucius*

### **(Classical) Musical Suggestion for the Quarantine**

The Arrival of the Queen of Sheba  
*G.F. Handel*

<https://www.youtube.com/watch?v=-TGKJ9MgCOQ>

### **Good New Story of the Week**

You have now entered the jurisdiction of the Ministry of Silly Walks

<https://www.goodnewsnetwork.org/silly-walk-signs-encouraging-people-to-laugh-at-covid/>

(Click on the CTV News video partway down)