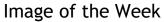
Biblical Quotation on Perseverance.

Rejoice in hope, be patient in tribulation, be constant in prayer.
Romans 12:12





Movie Suggestion.
Babette's Feast. 1987. Best Foreign Language Oscar



"I have been with you every day of my life. You know, do you not, that is has been so? And, I shall be with you every day that is left to me. Every evening I shall sit down, if not in flesh, which means nothing, in spirit, which is all, to dine with you, just like tonight.

Hope Quotation

The man who moves a mountain begins by carrying away small stones.

Confucius

(Classical) Musical Suggestion for the Quarantine
The Arrival of the Queen of Sheba
G.F. Handel

https://www.youtube.com/watch?v=-TGKJ9MgCOQ

Good New Story of the Week

You have now entered the jurisdiction of the Ministry of Silly Walks

https://www.goodnewsnetwork.org/silly-walk-signs-encouraging-people-to-laugh-at-covid/

(Click on the CTV News video partway down)