

Thoughts and Smiles – Monday, April 26, 2021

A congregational member shared the reflection below... (with appreciation and thanks!)

**Barely the day started and... it's already six in the evening.
Barely arrived on Monday and it's already Friday.
... and the month is already over.
... and the year is almost over.
... and already 40, 50 or 60 years of our lives have passed.
... and we realize that we lost our parents, friends.
and we realize it's too late to go back...
So... Let's try, despite everything, to enjoy the remaining time...
Let's keep looking for activities that we like...
Let's put some color in our grey...
Let's smile at the little things in life that
put balm in our hearts.
And despite everything, we must
continue to enjoy with serenity this
time we have left. Let's try to eliminate
the afters...
I'm doing it after...
I'll say after...
I'll think about it after...
We leave everything for later like " "
after " is ours.
Because what we don't understand is
that:
Afterwards, the coffee gets cold...
afterwards, priorities change...
Afterwards, the charm is broken...
afterwards, health passes...
Afterwards, the kids grow up...
Afterwards parents get old...
Afterwards, promises are forgotten...
afterwards, the day becomes the night...
afterwards life ends...
And then it's often too late....**



So... Let's leave nothing for later...

**Because while waiting see you later, we can lose the best moments,
the best experiences,**

best friends,

the best family...

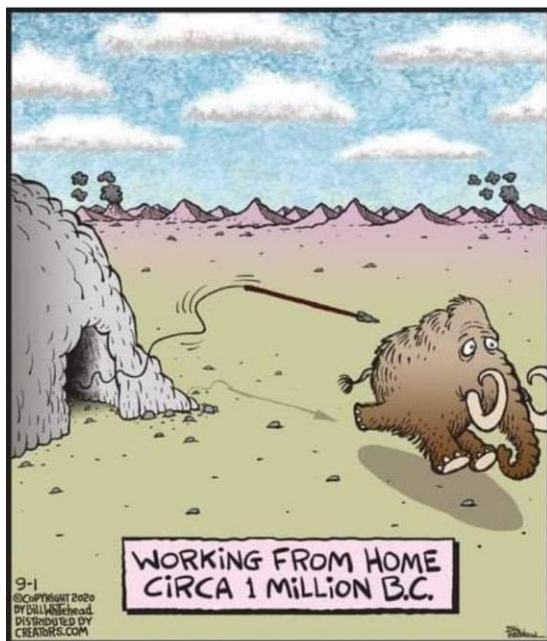
The day is today... The moment is now...

**We are no longer at the age where we can afford to postpone what needs to be
done right away.**

Prayer:

God of Possibility, I humbly ask for the healing power of your grace to help me fully commit to what I love and what calls to my heart. Please send in your angels to help me do all that I can this day to further the life I want and quit waiting for it to come to me. Help me put two feet in and fully surrender myself to the things and people important to me, instead of avoiding commitment for fear of failure. I pray, give me the courage and grace to make it my priority to put forth my full attention, heart and effort to all that calls me and push me to take the leap of faith necessary to go after my goals fearlessly. Thank you in advance, with my whole heart and soul, for answering my prayer, and I confidently await these blessings this day. Amen and with infinite gratitude.

Your Monday Smiles....





"How much longer do we have to watch the workout channel before we start seeing results?"

Please remember to check out "David's Blog" on the Sauble Beach United Church website.

<https://saubleunitedchurch.ca/category/davids-blog/>

I recently discovered an interesting website of inspirational readings. The few I have listened to are both relaxing and thought-provoking. Should you be interested in exploring along with me, you can find the site at:

<https://listenwell.org/>

Have a terrific week!



Blessings to you all!

David

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