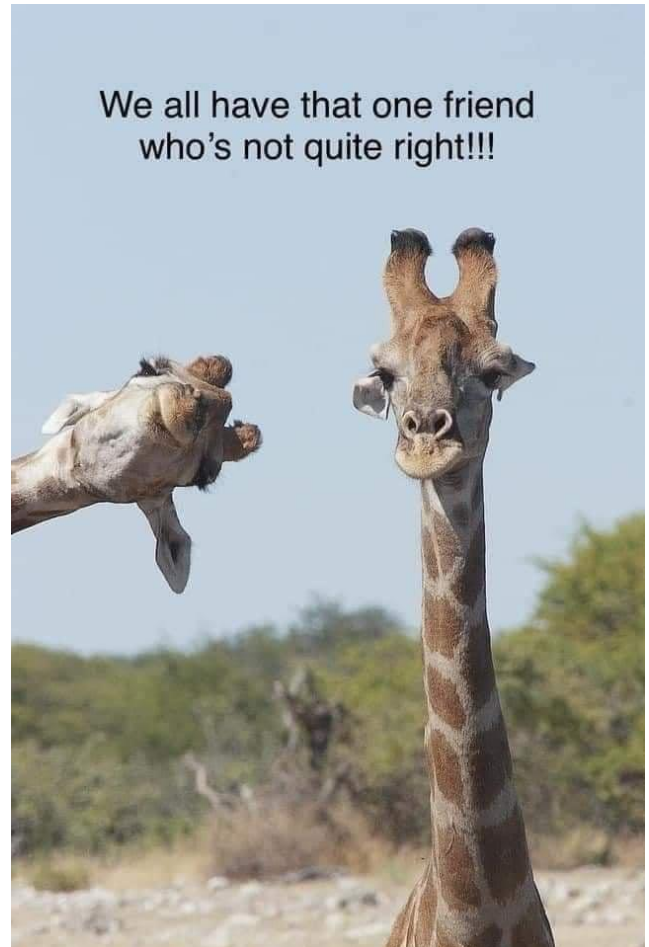


Thoughts and Smiles – Monday, May 17, 2021

This week we ask to experience life without judgment and focus on what we can appreciate....

Prayer to God...

God of Infinite Possibility, I pray to you this day to bestow your all-empowering grace upon me, to help me look upon my life experiences with neutrality and appreciation for all the great learning experiences my soul has had. Grace me with the ability to remove all harmful negative filters of judgement, shame, regret, and guilt that I project onto my soul experiences, preventing me from deriving the genuine value each one has brought to my life, and instead inspire me to review my past with the interest and objectivity of a co-creator student who is here to learn all that is possible from each life experience and condition to grow my soul. This I pray in the Name of Jesus Christ my Lord and Saviour... Amen.



We all have that one friend
who's not quite right!!!

And the Blessing Back from God...

Today, _____ (your name), I, your ever-loving Holy Mother-Father God, Creator of the Universe, and Source of All Life, bless and fill your Spirit with my endless grace to awaken you to your co-creative power and witness the story of your life free from all negative emotions or ego-based judgements. I grace you with blessed and profound understanding of your soul plan this day, bringing with it complete appreciation and forgiveness for all your life experiences. With my Grace, _____ (your name), I shake free from your bones, your memory, your nervous system, your thoughts, and your emotions all harsh, faulty, distorted, confused, and unloving perceptions, including shame, regret, guilt, and the need for punishment and revenge. These I replace with acceptance,

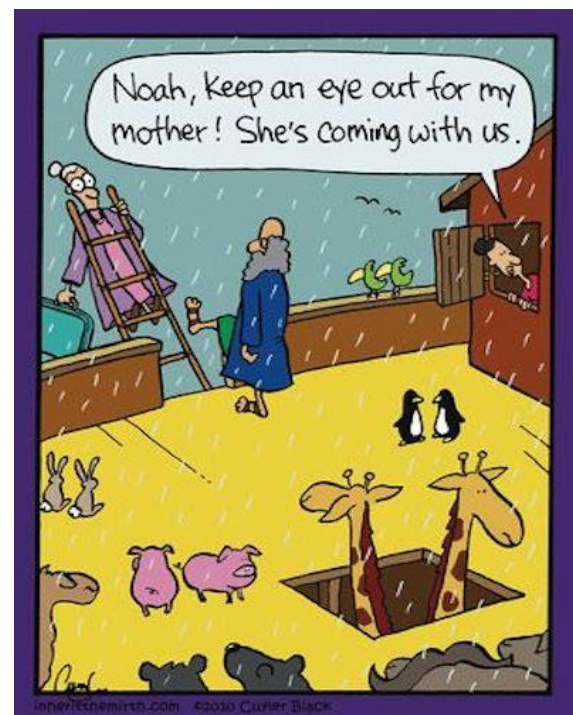
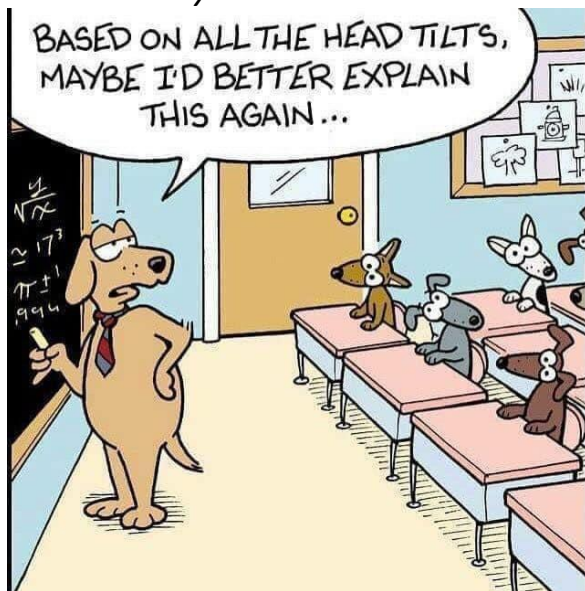
awareness, and insight for the gifts each life drama has and will continue to bring your soul.

I bless and grace your Spirit, through the power of my love, to review your life with delight, laughter, insight, understanding, forgiveness, and love. By my decree, as your Source of Life, I free you this day of the fear of life, fear of others, fear of yourself, and fear of love. I bless and grace your Soul, my divine child, with the undisputable recognition that life is a dream, created by you in order to learn how to wield the infinite power of creation that I have bestowed upon you.

With my grace, your perceptions are made clear this day and your attention is solidly grounded in the present moment, free of enslavement to a guilty and regretful past. I free you to live the adventure of your life as I have always intended, restoring your sense of curiosity, wonder, and awe for the beauty of this planet and all the blessings pouring into your life and from you back to life. I bless and grace your Spirit with peace with the past, peace with others, and peace with yourself. Like water under the bridge, I grace you with the knowing that life unfolds and changes, and only memory clings to the past. I grace your Spirit to fully live, create, and enjoy this day with abandon.

And so it is in my name, the Holy God of Infinite Possibility, who created you and loves you unconditionally; the love, light, and healing of the Christ; and the power of the Holy Spirit that lives and moves in your being.

Your Monday Smiles....



I have a feeling that



Have a terrific week!

Blessings to you all!

David

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**My guardian angel
sometimes looks at me
like this**

*Check out "David's Blog" on the Sauble
Beach United Church website.*

<https://saubleunitedchurch.ca/category/davids-blog/>

