THANK YOU first responders
THANK YOU grocery workers
THANK YOU grocery workers
THANK YOU delivery workers
THANK YOU truck drivers
THANK YOU mail carriers
THANK YOU sanitation workers
THANK YOU pharmacy workers
THANK YOU transit workers
THANK YOU transit workers
THANK YOU workers supporting our community

And a "thank you" to my neighbour on 7th Ave E who placed this sign on the front lawn of their house....



A wonderful reminder that we can be instruments of joy in another's life.

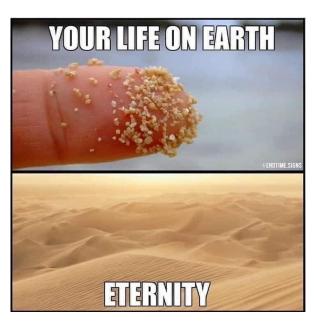
So think, what might you do to accomplish this? (Feel free to share in the Blog – link provided below)

- It might be as simple as choosing a kind, and supportive word shared at the right time.
- Offering to help with a task or chore, run an errand, or fix something broken.
- Spending some time and attention with a family member or friend.
- Sharing a joke or funny story and the gift of laughter.
- Or just doing something so incredibly and spectacularly stupid that everyone will smile at the recollection for days, months and years to come.
 And, of course, remind you of it till your 105! (My personal favourite wherein I, humbly, excel!)



Prayer:

God of Possibility, I humbly ask for the healing power of your grace to allow me to let go of my troubles and enjoy life for a change. Please send your angels o help me sing a little, dance a little, laugh a little, and take more delight in life than I usually do. Help provide the opportunity to make someone smile, to offer the word of encouragement, to be open and to listen carefully to what they say to me. Grant me your peace, deep down in my heart, that can touch others with quiet calm and comfort. May I be open to the working of your Spirit this week. I thank you in advance, with my whole heart and soul, for answering my prayer and returning me to joy. Amen and with infinite gratitude.



Your Monday Smiles....

I wanted to post this just in case



(Don't think I can't hear you all groaning!!!)

And yes, because we can all use more smiles these days, I've extended the humorous portion of this posting with a contribution received from one of our readers (thank you for sharing!)

Seven pieces of logic from an uncluttered Mind



1. A little girl was talking to her teacher about whales. The teacher said it was physically impossible for a whale to swallow a human because even though it was a very large mammal its throat was very small. The little girl stated that Jonah was swallowed by a whale. Irritated, the teacher reiterated that a whale could not swallow a human; it was physically impossible. The little girl

said, 'When I get to heaven I will ask Jonah'. The teacher asked, 'What if Jonah went to hell?'

The little girl replied, 'Then you ask him'.

2. A Kindergarten teacher was observing her classroom of children while they were drawing. She would occasionally walk around to see each child's work. As she got to one little girl who was working diligently, she asked what the drawing was. The girl replied, 'I'm drawing God.'

The teacher paused and said, 'But no one knows what God looks like.'
Without missing a beat, or looking up from her drawing, the girl replied, 'They will in a minute.'

3. A Sunday school teacher was discussing the Ten Commandments with her five and six-year-olds. After explaining the commandment to 'honor' thy Father and thy Mother, she asked, 'Is there a commandment that teaches us how to treat our brothers and sisters?'

From the back, one little boy (the oldest of a family) answered, 'Thou shall not kill.'

- 4. One day a little girl was sitting and watching her mother do the dishes at the kitchen sink. She suddenly noticed that her mother had several strands of white hair sticking out in contrast on her brunette head. She looked at her mother and inquisitively asked, 'Why are some of your hairs white, Mum?' Her mother replied, 'Well, every time that you do something wrong and make me cry or unhappy, one of my hairs turns white.' The little girl thought about this revelation for a while and then said, 'Mummy, how come ALL of grandma's hairs are white?'
- 5. The children had all been photographed, and the teacher was trying to persuade them each to buy a copy of the group picture 'Just think how nice it will be to look at it when you are all grown up and say, 'There's Jennifer, she's a lawyer,' or 'That's Michael, He's a doctor.'

 A small voice at the back of the room rang out, 'And there's the teacher, she's dead.'
- 6. A teacher was giving a lesson on the circulation of the blood. Trying to make the matter clearer, she said, 'Now, class, if I stood on my head, the blood, as you know, would run into it, and I would turn red in the face.' 'Yes,' the class said. 'Then why is it that while I am standing upright in the ordinary positions the blood doesn't run into my feet?'

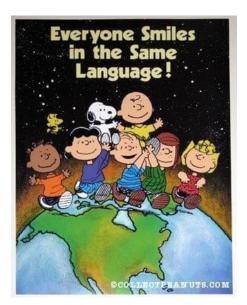
A little fellow shouted, 'Cause your feet ain't empty.'

7. The children were lined up in the cafeteria of a Catholic elementary school for lunch. At the head of the table was a large pile of apples. The nun made a note and posted on the apple tray: 'Take only ONE. God is watching.'

Moving further along the lunch line, at the other end of the table was a large pile of chocolate chip cookies.

A child had written a note, 'Take all you want. God is watching the apples'

Any of the above make you smile? Then, mission accomplished!



Have a terrific week!

Blessings to you all!

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And please remember to check out "David's Blog" on the Sauble Beach United Church website.

https://saubleunitedchurch.ca/category/davids-blog/