

Thoughts and Smiles – Monday, June 7, 2021

When they buried the children
What they didn't know
They were lovingly embraced
By the land
Held and cradled in a mother's heart
The trees wept for them, with the wind
they sang mourning songs their mother's
didn't know to sing
bending branches to touch the earth
around them. The Creator cried for them
the tears falling like rain.

Mother Earth held them
until they could be found.
Now our voices sing the mourning songs.
with the trees. the wind. light sacred fire
ensure they are never forgotten as we sing
JUSTICE

-abigail echo-hawk

Open your heart, and there you will find the spiritual gift of compassion waiting to be expressed. This gift of Spirit bestows in you a deep awareness and sensitivity toward the suffering of others, and activates a desire to reach out immediately in whatever way possible to alleviate or reduce the suffering you encounter as you walk through life. The gift of compassion moves your heart and mind into action.

Rather than look the other way or with a cold heart when you witness the suffering of another, through the divine gift of compassion, you respond to the pain of others with the same tenderness and care as if it were your own or that of one you love deeply, and then do all in your power to help relieve the pain without taking it on yourself. The gift of compassion removes from your heart all inclination to judge, condemn, ignore, or deny the pain of others, replacing these lower dark distortions with a clear heart and loving action to assist without hesitation.

This gift has been given to you, it lies in you, waiting to be freed.

Reach for it.

This week, return now and again to the prayer below. Let the words sink in deep...

Holy God of Infinite Possibilities and Source of all life, I invoke your angels and heavenly guardians to awaken in me the gift of compassion, that I may be useful in relieving some of the pain, anger, and judgment of this world this day. I ask the highest heavenly guides to assist me in awakening within me a deeper understanding of all human suffering, and in opening my heart, so that all suffering may subside a little this day. I invoke my Higher Self, the Holy Spirit in me, to find compassion for my own suffering and shortcomings as well, so that as I heal, I may be more open, and tolerant toward the suffering and struggles of others. I call upon the powers of intuition and insight to help me erase the errors in my own thinking that allow for me to turn my heart away from another or turn negative judgment on myself.

Holy God, fill me with love on my soul's journey, learning the lessons you give with grace and dignity that I might face all challenges with honesty and strength. Amen.

Your Monday Smiles....

The Back Pew - Jeff Larson



I bet you think you are some sorta 'GOOD SAMARITAN', but I don't see you carrying anyone on your back

THE GOOD SAMARITAN.. and a really really good donkey. **Luke 10:30-35**



5-19
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Have a terrific week!

Blessings to you all!



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Bonus ...

