

Thoughts and Smiles – February 21, 2022

AS TIME GOES BY

As time goes by,
You will loosen your grip on that rock,
The one you always thought was home,
And you will realize that home is not a place,
It's a state of mind.
Let it go.

As time goes by,
You will learn to see yourself more clearly,
The girl who was always too much of one
thing,
And too little of another was actually
Everything she needed to be.
Let her out.

As time goes by,
You will let the simple things become the big,
And you will allow the big things to become
the simple,
And that readjustment will be,
The day you really start to live,
Let it be.

As time goes by,
You will be forced to say goodbye many
times,
And your soft little heart will shatter but,
It will still beat, and that will bring you,
All the purposes you need.
Let it beat.

As time goes by,
You will stop choosing wealth over peace,
You will stop choosing money over time,
And you will see that the treasures you need,
Are in the smiles and the laughter.
Let them in.

As time goes by,
The moments you remember when your life flashes past,
Are never the awful memories, my friend; it's the joy,
The summer nights, the lazy days with loved ones,
The midnight chats and the morning hugs,
Let them happen.
Let them all happen.



Art by Diana Chelaru (the passing of time)

- Donna Ashworth

The poem above is complemented with a prayer on – **adapting to new things**:

God of infinite possibility, I humbly ask for the healing power of your grace to help me become more flexible. Help me ease my rigid ideas and a resistant way of doing things and welcome new ways of learning, growing, and making life easier. Please send in your angels to help me be more resilient, open-minded, and curious, so I can have fun with new things instead of fear them. I thank you in advance, with my whole heart and soul, for helping me regain my joy. Amen.

And some smiles to close...

Just plowing and salting the driveway



**MOM, I'M SORRY FOR
ALL THE DUMB STUFF
I DID WHEN I WAS A
KID. IF IT HELPS, YOU
ONLY KNOW ABOUT
HALF OF IT...**



Never put your tongue on a glacier.

Have a fantastic week!

**STAY
WELL**



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Check out "David's Blog" on the Sauble Beach United Church website.

<https://saubleunitedchurch.ca/category/davids-blog/>

And if you want the online experience of the church worship services, follow the link here below...

www.saubleunitedchurch.ca and click: "Watch"

Or

<https://youtu.be/Zjz2JDNbNtA>