

Thoughts and Smiles – February 28, 2022

*May We Raise Children Who Love the Unloved Things*

May we raise children  
who love the unloved things – the dandelion,  
the worms & spiderlings.  
Children who sense  
the rose needs the thorn  
& run into rain swept days  
the same way they turn towards the sun.  
And when they're grown &  
someone has to speak for those  
who have no voice  
may they draw upon that  
wilder bond, those days of  
tending tender things  
and be the ones.



by Nicolette Sowder  
Artist Kari-Lise Alexander



## Morning Prayer

Holy God, Blessed Creator and Source of all life, I humbly ask for your grace this day to be the best possible self I can be in all that I do, in all that I speak, all that I think, and all that I feel. I ask for your benevolent grace to help me express my creativity and jump-start my energy to move in the direction of my highest good, leaving in my wake beautiful creations that are reflective of my authentic Spirit, benevolent to this planet and filled with your most holy light and love.

I humbly ask you to grant my Spirit the grace to be filled with a light heart this day, casting aside all the dreariness that is directed toward my Spirit from the hostile and unconscious world around me, and to recognize and celebrate instead all the beautiful gifts and blessings laid at my feet and on my path every moment of every day, making my life easier and more magical and charmed than ever before. Grace my Spirit with the humility to cease foolishly trying to exercise control over life and especially those around me, and to quietly allow my day to unfold in harmony and with respect for your graceful divine plan, without interference, disruption, or disturbance from my fragile ego.

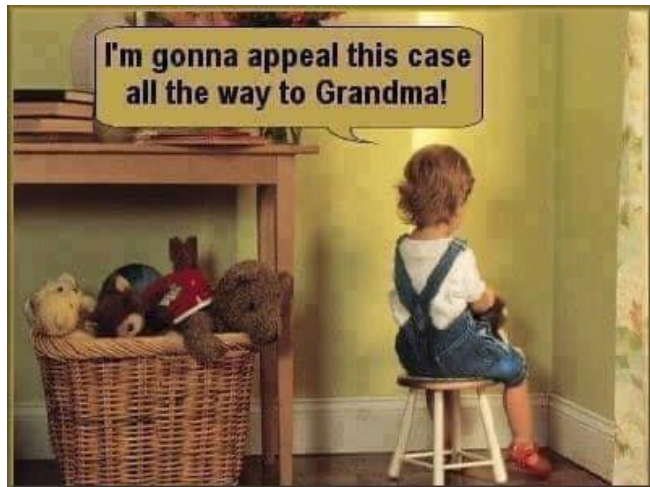
Please grace my Spirit with the resourcefulness and creativity to respond to all challenges upon my path this day with positive and welcoming energy, allowing me to exercise sound reasoning and make insightful decisions inspired by you, my most holy Creator, so that I may quickly turn around all difficult situations to flow in the direction of positive solutions that bring the highest good for all those involved now and in the future.

Please grace my Spirit with laughter as I draw all my needs--body, mind, and soul--from your eternal well of Divine Source, knowing that there is no end to what I can access from your loving waters of life and that therefore I have nothing to fear. Grace my Spirit with love for my work this day, and awaken in me the necessary skills I must demonstrate so that I can do a masterful job in your honour and in your name.

I thank you in advance and with all my heart for hearing and answering my prayer, and I joyfully await your grace this day. Amen

Source: *Grace, Guidance, and Gifts* – Sonia Choquette





Tips for improving concentration:

- Make a list of tasks.
- Take on one task at a time.
- Take On Me was a fun song.
- Ooh I found the video.

## FOR PEACE

As the fever of day calms towards twilight  
May all that is strained in us come to ease.

We pray for all who suffered violence today,  
May an unexpected serenity surprise them.

For those who risk their lives each day for peace,  
May their hearts glimpse providence at the heart of history.

That those who make riches from violence and war  
Might hear in their dreams the cries of the lost.

That we might see through our fear of each other  
A new vision to heal our fatal attraction to aggression.

That those who enjoy the privilege of peace  
Might not forget their tormented brothers and sisters.

That the wolf might lie down with the lamb,  
That our swords be beaten into ploughshares

And no hurt or harm be done  
Anywhere along the holy mountain.

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## Blessings

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Check out "David's Blog" on the Sauble Beach United Church website.  
<https://saubleunitedchurch.ca/category/davids-blog/>

And if you want the online experience of the church worship services, follow the link here below...  
[www.saubleunitedchurch.ca](http://www.saubleunitedchurch.ca) and click: "Watch"

Or from St. Andrew's with the link <https://youtu.be/9Nz5jNtPcCA>