Thoughts and Smiles - June 20, 2022

People wonder why I give so many compliments out to strangers. I'm not being fake and I'm not looking for people to like me. But if I pass someone and I like something, I say it. "Love those shoes!" or



life; and maybe someone else's, too.

"Great hair!" or "Wow your eyes are beautiful!".... why?
Because life is hard and this world can be a sh*tty place, and people can be mean.
You never know how much those few words mean to someone, you never know what hell they may be going through; and when you put positivity out there into the universe YOU yourself become a happier person.

It's hard to be nice and be miserable yourself. It'll reflect from the inside out. I'm telling you giving a random compliment will change your

— Jordan Sarah Weatherhead art | Daniel Ridgway Knight

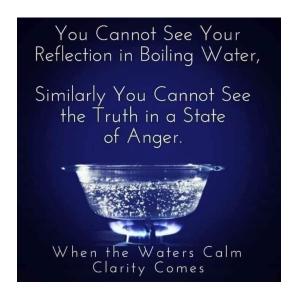
It's okay if you thought you were over it, but it hits you all over again. It's okay to fall apart even after you thought you had it under control. You are not weak. Healing is messy. There is no timeline for healing.

We all have a bag. We all pack differently. Some of us are traveling light. Some of us are secret hoarders who've never parted with a memory in our lives. I think we are all called to figure out how to carry our bag to the best of our ability, how to unpack it, and how to face the mess. I think part of growing up is learning how to sit down the floor with all your things and figuring out what to take with you and what to leave behind.

THE VOICE

There is a voice inside of you
That whispers all day long,
"I feel that this is right for me,
I know that this is wrong."
No teacher, preacher, parent, friend
Or wise man can decide
What's right for you—just listen to
The voice that speaks inside.





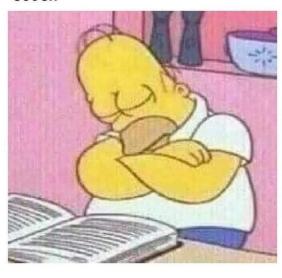
And in silly mode...

My dog after eating my philosophy book



Dads: *Brags about waking up early*

Also Dads 5 mins after sitting on the couch







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Check

And if you the link here

out "David's Blog" on the Sauble Beach United Church website.

https://saubleunitedchurch.ca/category/davids-blog/
want the online experience of the church worship services, follow below...

www.saubleunitedchurch.ca and click: "Watch"

or the Hepworth page at: https://www.youtube.com/channel/UCmhSeYEr8EvsqUwu-os9XGw

