

*Thoughts and Smiles.... Nov. 7, 2022*

**WELCOME NOVEMBER...**

*There is something about November that says 'survival', 'keep going'.  
We are not quite through the year, yet the finish-line looms ahead.  
We are plunged into darkness by Mother Nature.  
We are faced with the 'season of joy', and yet many of us wonder where we will find it.*

*And I think November is a great time to take a little peek behind you, and see just how much you are.  
To take stock of your achievements, your endurance, your survival.  
To rest, reinforce, before the festivities envelope us all.  
Before beautiful new beginnings.*

*And most importantly,  
November is a time to seek out light.  
As the natural order darkens, we must find it ourselves.  
We must do whatever we can to brighten our day, our home, the world.*

*Seek out light wherever you can my friends, and pay no heed to those who condemn your sparkle.*

*You are much-needed.*

*Keep showing up, in that special way only you can do.  
And show up for yourself too (which can sometimes mean not showing up at all).*

*This year has been hard.  
But beautiful.  
As is the way of life.*



**- Donna Ashworth**

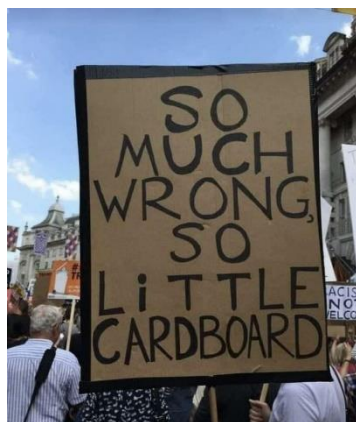
"I am still every age that I have been. Because I was once a child, I am always a child. Because I was once a searching adolescent, given to moods and ecstasies, these are still part of me, and always will be... This does not mean that I ought to be trapped or enclosed in any of these ages... Far too many people misunderstand what 'putting away childish things' means, and think that forgetting what it is like to think and feel and touch and smell and taste and see and hear like a three-year-old or a thirteen-year-old or a twenty-three-year-old means being grownup. When I'm with these people I, like the kids, feel that if this is what it means to be a grown-up, then I don't ever want to be one. Instead of which, if I can retain a child's awareness and joy, and 'be' fifty-one, then I will really learn what it means to be grownup."



- *Madeleine L'Engle*

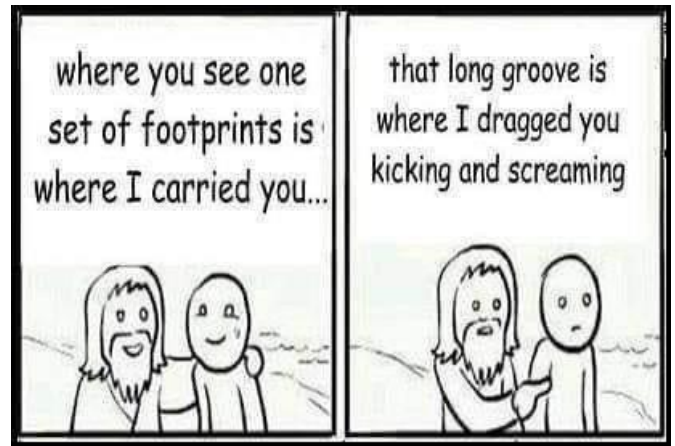
Artwork: *Max Svabinsky - Babicka v salu, 1906.*

*We are God's children and her words of wisdom are so true. Even if we're old on the outside, we can still be young on the inside. Smile, be happy, enjoy the love and blessings of beauty that God has given you through your life.*





"What does it mean when the talking scale is wheezing really hard?"



***Have a terrific week!***  
***Blessings to you all!***



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*Check out "David's Blog" on the Sauble Beach United Church website.*  
<https://saubleunitedchurch.ca/category/davids-blog/>

And if you want the online experience of the church worship services,  
 follow the link here below...

<https://youtu.be/XJy0pgc4kkU>

or

<https://youtu.be/k1zAH4Q4IT0>





*Special Thanks to Sandra Johnson for the “Diamond Dotz” field of Poppies on display at the church service at SBUC.*

