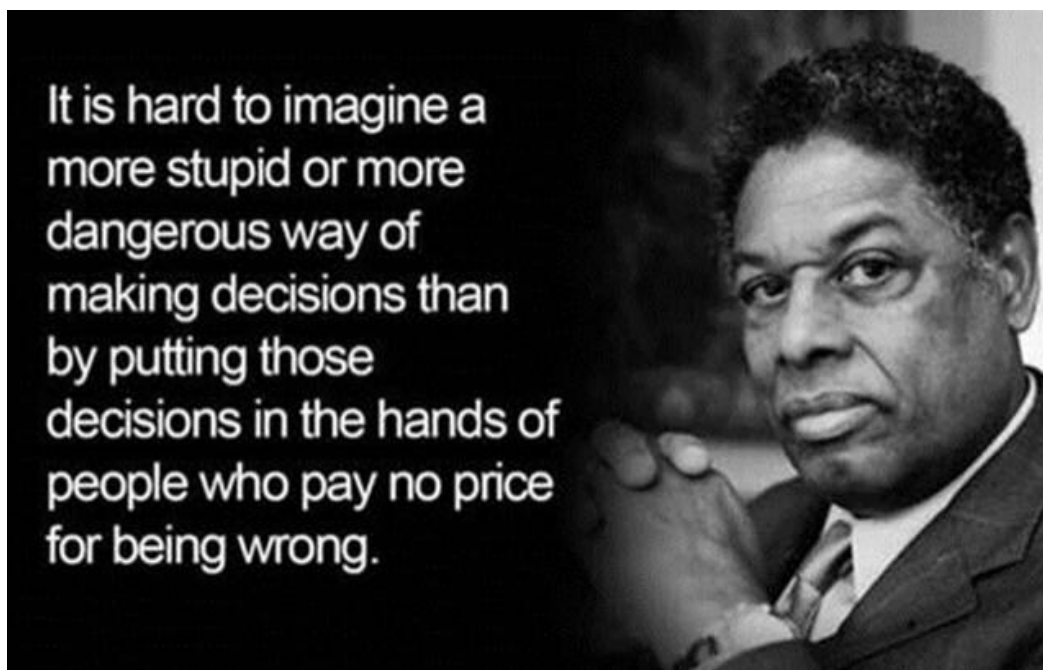
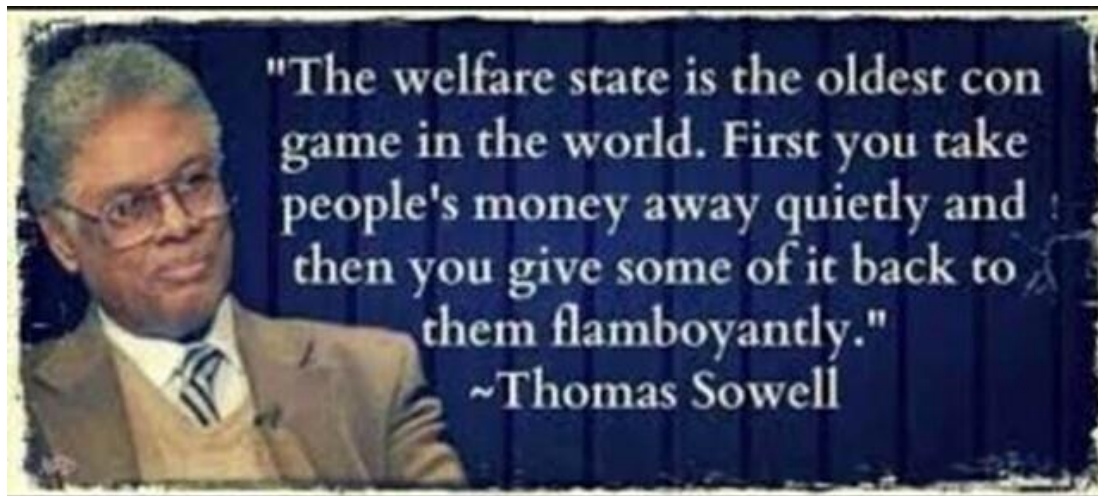


Thoughts and Smiles... Monday, March 27, 2023

Thanks A.T. for sharing this – pretty clever stuff!



He's still alive at 91 (b. Jun 30, 1930 in Gastonia, NC), but retired. Sowell grew up in Harlem, served in the Marine Corps during the Korean War, graduated Magna Cum Laude from Harvard, Masters from Columbia, PhD Economics University of Chicago, economist, social theorist, philosopher, author, Senior Fellow Hoover Institution, Stanford University, National Humanities Medal, and Francis Boyer award.

When You Love An Ancient Soul

There is a special kind of person in this world who is often misunderstood. These people tend to be the loners, the free spirits, the innocent lovers.

They see the world for all they can, and should be, although the world rarely sees them.

They are the old souls, the dreamers, the people in tune with life, so intuitive of emotions that they can frighten us.

They frighten us not because of who they are, but because of who we are not, what we lack. Ancient souls reach depths we cannot understand.

They have a connection with God,
with the Universe, with Nature,
and that's why they are the people who will change the world.

We often feel inferior, as if we have to strive to stay remotely close to their level, to be worthy of their love.





It takes a confident person
to love an old soul.
But it's worth it.
It will change your life.

They are romantic, they are loyal,
they help us grow, they are not
materialistic, they understand
the deep connections in life.
They are grateful, they are
examples of bravery.

They walk the most painful roads
of this life, and yet somehow they
find the courage to smile, often
selfless. Supporting others.
Loving an old soul and being loved
by one is a gift from Heaven.

~Luiza Fletcher~

Dear Thirteen

*I hope you get this and I hope it finds you well
See, I'm writing you this letter for I have so much to tell
It's words - I hope - of wisdom, of insight and advice
Some lessons that I pray will help you navigate through life
The first is - life gets easier and then gets hard again
But persevere because I know it works out in the end
You're going to lose some people and it's natural that you'll grieve
But you're going to make your peace with those who choose to up and leave
There'll be times when you're in love and they're not meant to last forever
But don't worry, for the future's saving someone even better
Try your best at school but do not give up on your dreams -*

It's



*never too late to be what you've always wanted to be
You're going to hurt some people - you don't get to say you've not
But you'll get to say you're sorry and you'll get to right your wrongs
They'll be times when others hurt you, when you're lied to and betrayed
But I promise you'll get stronger and the hurt will slowly fade
So many things will happen that will test your strength of mind
But you'll learn through all of it that it takes nothing to be kind
And there's someone more important than most everybody else
Who deserves your love and kindness - and that person is yourself
See, your life will all make so much sense as soon as you can learn
To forgive and to embrace yourself and recognize your worth
And how do I know all this of life, loss, and love?
Well, I've lived your years and many more -
I'm you
Just all grown up*

- Beckey Hemsley - 'Thirteen' is from *Talking to the Wild*





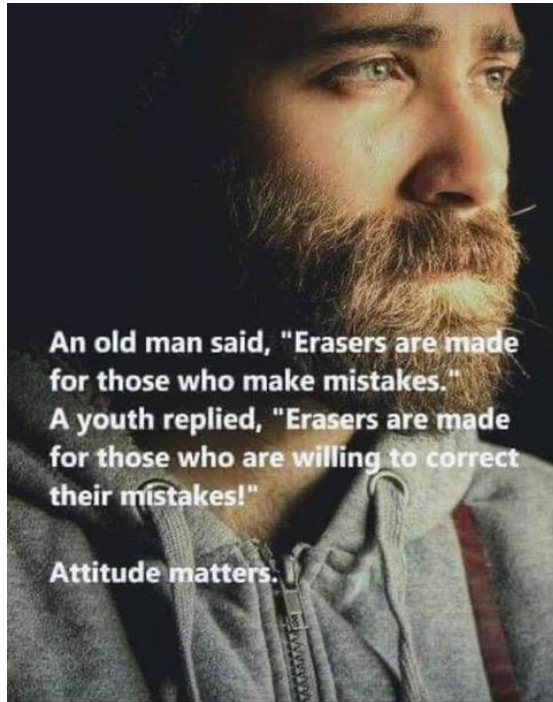
ALWAYS BE POSITIVE.
Falls Down The Stairs
ME: "Whew, I got down
those stairs fast!"

I'm ready to stop
complaining about
winter and start
complaining about
summer.



When your life is falling apart
but you're used to it by now





Have a terrific week!

Blessings to you all!

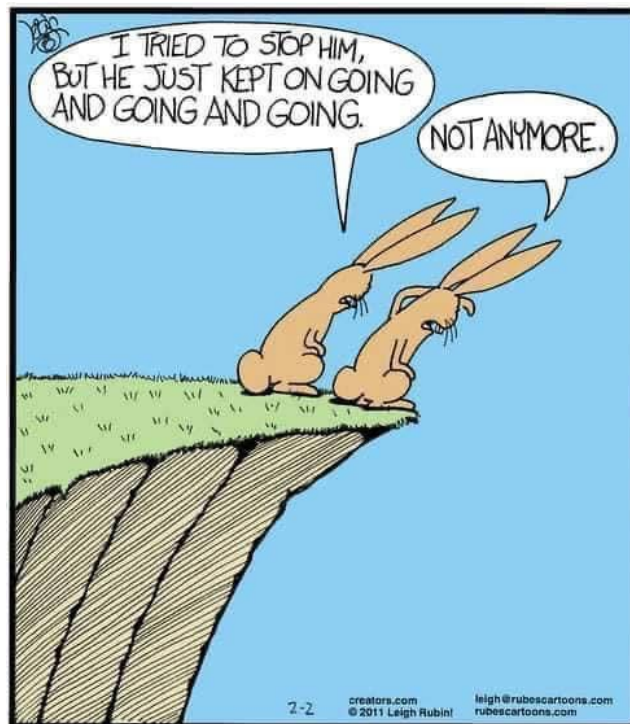
David Jones
Minister of Outreach and Pastoral Care
Hepworth-Sauble Beach Pastoral Charge
226-568-3476 ipcress.jones@gmail.com

Check out "David's Blog" on the Sauble Beach United Church website.
<https://saubleunitedchurch.ca/category/davids-blog/>

Church Services Online:

SBUC: <https://www.youtube.com/live/GDOLidz399E?feature=share>

St. Andrew's U.C: <https://www.youtube.com/live/wsa1gDMV7uc?feature=share>



The end of the Energizer Bunny