

Why Is Pentecost Important?



<https://youtu.be/JQhkWmFJKnA?si=Rz0NHwf6Eppe49ex>

Pentecost is a long-standing Jewish harvest party, a Christian celebration as old as Jesus' Church, and a Greek word that means "fiftieth." And the Pentecost moment described in the New Testament is a 1st-century event in Jerusalem where people's heads caught fire (sort of). An indoor windstorm swirled through a packed house party at this event, and everyone was baffled—some panicked. And then the guys with fiery heads became spontaneously multilingual.... (more in the link to the video above)



"Begin again.
Little moments.
Tending to the flowers.
Cutting the fruit.
Opening the curtains so that the entire sky can greet you.
It's never easy but, no matter.
Steam from the tea so quiet.
An open book, and door, and arms.

You have time.
Time to create a life that you can stand up straight in. Even though life may beat you down. Hard. Even though things, situations, and people you love may be taken away from you so that your arms can memorize the grace of letting them go. Even then, especially then, begin again.

Remind yourself that nothing really dies, rather, it transforms. Everything and everyone you have ever loved lives in the mysterious memory of your cells. Turning. Healing. Renewing itself. Until one day, a photograph of something or someone very dear, long gone, visits your mind and you bow your head with appreciation.

Meanwhile, take your pain to the sea and your trouble to the mountain.
Leave it there and walk home clean.
When failure knocks and rattles and quakes, let it.
Watch it make a fresh canvas of you.
Failure, that great teacher, is kinder if you thank her as you are getting up off the floor. She knows something that you don't know: that she is usually the last face you will see before breaking through. Such a little light in the crack of the door.

But today, if you are wading through the waters of loss or confusion: begin again.
Open the avocado.
Draw the bath.
Call your best friend.
Gather the books.
Play your favorite album.
Write.
Create art.
Open your arms. Move your legs. Lovely, little blessings. Whispering to life that you won't give up. Not ever."

-Jeannette Encinias

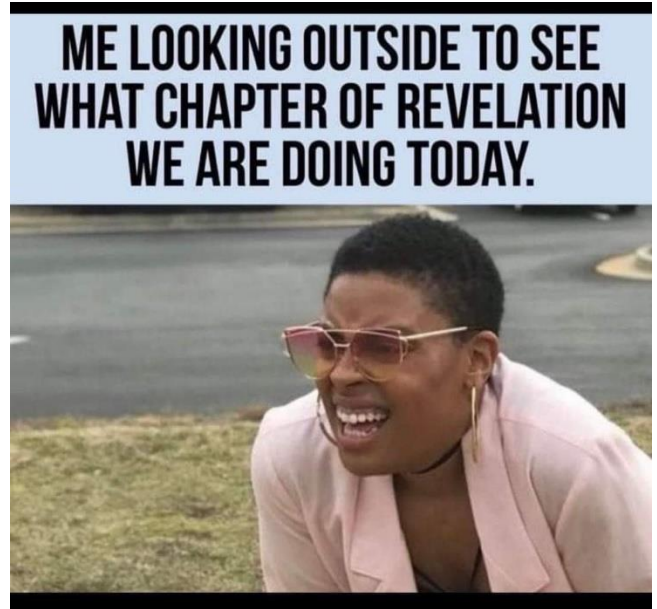


A coffee shop in Kent, UK, has made the brave decision to only serve customers who bring their own cups. To illustrate why they are doing this, they have filled the store floor with disposable cups.

Otto's Coffee House & Kitchen hopes its new policy will inspire other coffee shops worldwide to adopt it.

Pay more if you were rude! This coffee shop charges extra if you forget your manners.





"Hey, Debbie? It's me, the Lord. Listen, you need to stop telling the doctor your health is in my hands, you're going to have to watch your carbs and get your A1C checked on the regular, ok?"



When the cashier asks if you want to donate \$1 to charity and you say yes



Have a terrific week!

Blessings to you all!

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*Check out "David's Blog" on the Sauble Beach
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